

The Village Crossroads
Newsletter of Herodsfoot

Number 3
June 2018

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Hello there!

Gosh, we have made it to a third edition! *Please note new email address as above.*

Firstly, a correction...last month, during a rush of blood to the head or too much caffeine, I told you that the Duck Race and Ram Roast was on the 27th July. Thanks to Roger, I have seen the error of my ways and would like to correct that date; it's 28th July (Saturday)!

Next, would anyone be interested in hosting one of our Coffee Mornings? The dates are planned for the first Monday of each month as follows 2nd July, 6th August, 3rd September (but could be flexible). If you would be prepared to do this, email or call me or contact one of the Friends.

Anyone who has items to share with the community, please let me know.

And now, a special message follows.

Lynne

A thank you...

"Roger and Elizabeth from Kerley Cottage would like to thank everyone in the village who has offered and provided help this year whilst Roger has been unwell. The help and support we have received from everyone has been invaluable and we are very grateful to you all.

The operation is now booked for mid June so hopefully after a recovery period (watching the World Cup!) we will both be able to join in with the rest of the summer events. Thanking you all once again. Roger, Elizabeth and Bertie."

Good luck, Roger. I am sure everyone wishes you a speedy recovery.

What's been happening?... Lots!

Beetle Drive on 18th May held by Peter and Cathy. Plenty of beautiful beetles drawn and £32 raised!

Saturday 5th May The Great Cornish Cake Bake (in aid of Cornwall Hospice Care) was staged by St Pinnock WI and kindly hosted by Jane and Nigel at the Old Vicarage. It was a glorious afternoon with lots of cake (I'm saying nothing...) and a raffle. A total of £425 was raised.

Sunday 13th May Barbecue on the Green was well-attended. Peter fired up the barby and we ate delicious burgers and sausages washed down with beers, wine and tea/coffee! A total of £120 was raised which just shows how much we enjoyed ourselves eating and drinking. No surprises there, then.

**Church services are held on the fourth Sunday of the month at Herodsfoot and at Duloe on all other Sundays. Services commence at 10am.
Collection box for Food Bank donations in the Church.**

Duloe Community Shop, Jubilee Centre 01503 265592

General Store open Mon-Fri 8.00-1.00 & 2.00-5.00; Sat 8.00-1.00; Sun 9.00-12.00
Post Office available Mon-Sat

Lanreath Community Shop

Open daily 7.45-1.30 & 2.00-5.00 (open 'til 6.00 in summer).
Sundays & Bank Holidays 9.00-12.00 Post Office
Mon-Fri 9.00-1.00

Devon & Cornwall Sewage Collection.

Reliable Cesspit & Septic Tank Emptying Service. Very reasonable rates for the village offered by Wayne on 01752 701620 or 07880 985467

Emergency service available.

Don't forget the Book Swap in the church and the appeal for crocheted/knitted poppies!

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| <p><u>Future Dates for your diaries</u></p> <p>A DIY Coffee Morning will be held at 10.30am on Monday 4th June on the village green (<i>weather permitting or at Hir Garth if not</i>). Bring along some nibbles if you wish and a mug for your drink. There will not be a collection at this time as it's a DIY event but there'll be a raffle (any donations to this would be great)! Future dates shown above.</p> <p><u>Saturday 16th June Cream Tea at Oaklands and the Great Herodsfoot Cake Off.</u> Fanfare! Yes, it's here! It's arrived! Cakes are to be delivered to Oaklands by 2pm but not before 1.30pm. Judging will take place at 2.30pm with prize giving at 3pm on the opening of the afternoon Cream Tea. In each class there will be a 1st, 2nd and 3rd place. Any cake left over at the end (cake left over, surely not!??) will be auctioned off.</p> | <p>2 cakes to be baked as follows:</p> <p>Cake 1 with the *set recipe is a Coffee Cake Cake 2 using your own recipe is a Ginger Loaf. Entry forms can be collected from Vera's (Wispers) from 1st June. £2 per entry (enter just one or both). *Set recipe is on the entry form. Monies raised for Friends of Herodsfoot All Saints Church. Good Luck! (I'll need it).</p> <p><u>Saturday 23rd June Village Party!</u> Starts anytime between 5-6pm. All to bring drinks and food to share.</p> <p><u>Other events for information.</u> (More to follow in future newsletters).</p> <p>28th July Ram Roast (5pm) and Duck Race (6pm) 12th August (Sun) from 2pm Church Fete.</p> |
| <p><u>Events outside the village</u> <u>Penadlake & Lethyep Open Day</u> Friday 1st & Saturday 2nd June from 11am -5pm. Lakeside & woodland walks. Tea & refreshments. In aid of Cornwall Blood Bikes. <u>Looe Raft Race Sunday 10th June</u> more info 07747 488488 <u>Duloe C of E School Summer Fayre & Talent Show</u> from 2pm on Friday 29th June.</p> | <p><u>Lanreath Safari Supper</u> Saturday 16th June. Tickets £16 from Mary 264403 or Jenny 220490. <u>Looe Craft Fairs</u>, West Looe Quayside Centre 11am -4pm every other Sunday until end of September. Next one Sunday 10th June. And, of course... <u>The Royal Cornwall Show</u>, Wadebridge 7th-9th June. (Thurs-Sat)</p> |

Snippets & very useful information too!

Alisha's Cakes & Bakes has a *special JUNE offer* for residents of the beautiful village of Herodsfoot and it involves cake. (it also involves chocolate!)

The offer is for an 8" Chocolate Cake (normal price £12) for only £8! *Collection only*.
Alisha can be contacted on 07955 151269.

A snip! Queue starts behind me, then...I can taste it now...I'll just put the kettle on...

And, as promised I have some useful dietary advice for all those struggling with diets. Worry not!

1. When eating biscuits, break them in two. This causes "calorie leakage" and all the calories escape.
2. All foods of the same colour have the same calorific value. Therefore, chocolate has the same number of calories as mushrooms.
3. If a friend gives you a piece of her birthday cake, you can safely eat it. It was her cake so they are her calories.
4. Chocolate comes from the cocoa tree. This is a plant. Therefore chocolate could be one of your five-a-day!

Now, armed with this knowledge, what about that Chocolate Cake Offer.....